TISSOT

SWISS WATCHES SINCE 1853*

Quartz Chronographs GMT

User's Manual

1. Hour hand
2. Minute hand
3. Seconds hand
4. Date indicator
5. 60-second counter hand
6. GMT (2nd time zone - 24 h)
7. 12-hour counter

8. **Crown with 3 positions**

I Neutral position (screwed down*, not pulled out)

II Setting position for date (unscrewed*, half pulled out)

III Setting position for time (unscrewed*, completely pulled out)

**** Models with screw-down crown:***

IA Initial position (screwed down, not pulled out)

IB Neutral position (unscrewed, not pulled out)

Acknowledgements

Thank you for choosing a chronograph from TISSOT®, a Swiss brand among the most highly renowned in the world. Meticulously assembled using high quality materials and components, it is protected against impacts, temperature variations, water and dust.

This manual applies to TISSOT® GMT quartz chronographs with G10 movement. For the settings and operation of your chronograph, please refer to the instructions corresponding to your model.

Your chronograph allows you to time events lasting up to 12 hours, and offers you the following functions:

– Standard chronograph START–STOP function

– ADD function (partial times)

– SPLIT function (intermediate times)

To ensure that your chronograph operates with perfect precision for many years to come, we advise you to pay careful attention to the advice given in this manual.

Settings

Models with screw-down crown

To ensure even better water resistance, some models are fitted with a screw-down crown. Before setting the time or date, you must first unscrew the crown to position **IB**, before pulling it out to position **II** or **III**.

Important: After each operation, you must always screw the crown back down to ensure that your watch remains water-resistant.

Setting the time

Pull the crown out to position **III** and turn it clockwise or anticlockwise to set the desired time. To synchronise the small second hand at the 6 o'clock position with an official time signal (radio/ TV/Internet), pull the crown out to position **III** and the hand will stop. Once the time has synchronised, push the crown back into position **I** (and tighten it back down on models with screw-down crown).

Winding

Quartz watches do not need to be wound.

Rapid date correction

Pull the crown out to position **II** and turn it anticlockwise until the desired date is displayed.

Tachymeter (according to model)

The tachymeter allows you to measure the speed of an object moving at a constant speed. Start timing and then stop once a distance of 1 km has been reached, the chronograph hand will be pointing to a number on the tachymeter scale indicating the speed in km/h.

Resetting the GMT

The 24-hour GMT counter must be set according to your choice - to do so, proceed as follows:

- Setting the GMT hand:
  - Crown in position **III**
  - Press pusher **A** to move hand clockwise
  - Press pusher **B** to move hand anticlockwise

A short press on the pusher equates to 10 minutes.
A long press equates to 1 hour.

Resetting the counters

The counters must be reset before starting timing. If necessary, proceed as follows:

- Reset the 60-second counter hand:
  - Crown in position **II**, pusher **A**
- Reset the 12-hour counter hand:
  - Crown in position **II**, press pusher **B** and then pusher **A**

Fig. 1

Simple timing

The "simple timing" function enables you to measure individual events.

A START

A STOP

Time readout (as per example in Fig. 1)
- 3 hours
- 5 minutes
- 57 seconds

B Reset

NB: Before each timing operation, the chronograph hands must be at their start points. If necessary, refer to the **RESETTING THE COUNTERS** paragraph.

Note: All the timing functions are available with the crown pressed into position **I.**

Fig. 2

ADD function

The ADD function enables you to measure consecutive events without having to reset in between. Each time is added to the previous total **(Fig. 2).**

A START

A STOP **Readout**

A RESTART

A STOP **Readout**

A RESTART

A STOP **Readout**

B Reset counters

Fig. 3

Fig. 4

SPLIT-TIME function

The SPLIT-TIME function enables you to stop the hands to read an intermediate time without interrupting the timing. When you restart, the chronograph hands "catch up" to the ongoing elapsed time.

A START

B SPLIT 1

Time 1 readout (as per Fig. 1)
- 3 hours
- 5 minutes
- 57 seconds

B RESTART (catchup)

B SPLIT 2

Time 2 readout (as per Fig. 3)
- 4 hours
- 45 minutes
- 20 seconds

B RESTART (catchup)

A STOP

Final time readout (cumulative time) (as per Fig. 4)
- 7 hours
- 55 minutes
- 45 seconds

B Reset counters

Fig. 5

Reading the GMT

The GMT counter has an hour hand, which gives you a second time zone on your watch.
Time readout: 15:00 **(as per example in Fig. 5)**

Care and maintenance

We would advise you to clean your chronograph regularly (except for the leather strap) using a soft cloth and lukewarm soapy water. After immersion in salt water, rinse it in fresh water and leave it to dry completely.

Do not leave it anywhere subjected to high variations in temperature or humidity, direct sunlight or strong magnetic fields.

We would advise you to have your watch inspected every 3 to 4 years by an approved TISSOT® representative or retailer. To enjoy impeccable maintenance service and ensure the guarantee remains valid, always consult an approved TISSOT® representative or retailer.

TISSOT® quartz chronographs have the incomparable precision of quartz. Their power reserve is usually more than 2 years in continuous use. If you plan not to wear your chronograph for several weeks or months, we would advise you to store it with the crown pulled out to position **III.** This cuts the electrical power supply to the motor, thereby extending battery life considerably.

Replacing the battery

Once the battery has been drained, it must be replaced without delay by an approved TISSOT® representative or retailer.

Battery type: silver oxide and zinc button cell, 1.55 V, No. 394, SR 936 SW.

Collection and treatment of end of life quartz watches*

This symbol indicates that this product should not be disposed of as household waste. It must be returned to an approved collection point. By following this procedure you will contribute to safeguarding the environment and human health. Recycling the materials will help to conserve natural resources.

** valid in the EU member states and in any countries with corresponding legislation.*